

2023 · 2566 Forest Sangha Calendar

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The monthly Dhamma reflections are adaptations of transcribed and translated teachings contained in The Collected Teachings of Ajahn Chah, available for download at www.forestsangha.org

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LUNAR OBSERVANCE DAYS • • • • •





These days are devoted to quiet reflection at the monastery. Visitors may come and take the precepts for the day and join in all or part of the extended evening meditation.

The dates for the lunar calendar are determined by traditional methods of calculation, and are therefore not always the same as the precise astronomical occurrences.

THE MAJOR FULL MOON DAYS FOR 2023 / 2566

Māgha Pūjā · March 6 ('Sangha Day')

Commemorates the spontaneous gathering of 1250 arahants to whom the Buddha gave the exhortation on the basis of the Discipline (Ovāda Pāṭimokkha).

Vesākha Pūjā · June 3 ('Buddha Day')

Commemorates the birth, enlightenment and passing away of the Buddha.

Āsāļhā Pūjā · August 1 ('Dhamma Day')

Commemorates the Buddha's first discourse, given to the five samanas in the Deer Park at Sarnath, near Varanasi. The traditional Rainy-Season Retreat (Vassa) begins on the next day.

Pavāraņā Day · October 29

This marks the end of the three-month *Vassa* retreat. In the following month, lay people may offer the Kathina-robe as part of a general alms-giving ceremony.

WEB ADDRESS FOR THIS FOREST SANGHA COMMUNITY

www.forestsangha.org

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If you are mindful you'll be at ease. Put happiness to one side, suffering to the other side. Remain in the middle without letting the mind go in either direction.

| January | / | | | | 20 | 23/2566 |
|-----------------|----|----|----|----|----|---------|
| Μ | Т | W | Т | F | S | S |
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 [*] | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

*Jan 16: Ajahn Chah Memorial Day

Jan 6 15 days Hemanta 4/8 Jan 21 15 days Hemanta 5/8



Please work together, cooperate and live in harmony. Let this harmony be your legacy.

| Februar | У | | | | 20 | 23/2566 |
|---------|----|----|----|----|----|---------|
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| 27 | 28 | | | | | |



Giving means bringing happiness to others. It is one of those conditions which help to cleanse the heart from defilement.

| March | | | | | 20 | 23/2566 | |
|----------------|----|----|----|----|----|---------|--|
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| 13 | 14 | 15 | 16 | 17 | 18 | 19 | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | |
| 27 | 28 | 29 | 30 | 31 | | | |

*Mar 6: Māgha Pūjā

Mar 6 15 days Hemanta 8/8 Mar 21 15 days Gimha 1/10



Whether we are in a car or aboard a boat, wherever we go, if we haven't reached our true home, we will feel as if we have unfinished business to take care of.

| April | | | | | 20 | 23/2566 |
|-------|----|----|-----|----|----|---------|
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| 10 | 11 | 12 | 13* | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

^{*}Apr 13: South Asian New Year

Apr 5 15 days Gimha 2/10 Apr 19 14 days Gimha 3/10



Try to practise consistently. See the disadvantages of practising insincerely and inconsistently, and sustain a sincere continuous effort. Just this much.

| May | | | | | 2C | 23/2566 | 5 |
|-----|----|----|----|----|----|---------|---|
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| 29 | 30 | 31 | | | | | |



As morality becomes purer, it helps with developing concentration. When concentration is firmly established, it helps with the arising of wisdom.

| June | | | | | 20 | 23/2566 |
|------|----|----|----|----|-----|---------|
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| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17' | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

^{*} Jun 3: Vesākha Pūjā

Jun 17: Ajahn Chah's Birthday



If I say a fruit is delicious, you should note my words, but do not believe me until you taste it.

The same is true for my teachings.

| July | | | | | 20 | 23/2566 |
|------|----|----|----|----|----|---------|
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| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

Jul 2 15 days Gimha 8/10 Jul 17 15 days Gimha 9/10



Try not to rush your practice.

Meditate gently and gradually, step by step.

| August | | | | | 20 | 23/2566 | |
|--------|----|-----|----|----|----|---------|--|
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| 28 | 29 | 30 | 31 | | | | |

* Aug 1: Āsāļhā Pūjā * Aug 2: First Day of Vassa Aug 1 15 days Gimha 10/10 Aug 16 15 days Vassāna 1/8 Aug 31 15 days Vassāna 2/8



Whether we sit under a tree, in a valley, or on a mountain top, we can hear the Buddha's teaching. All beings will be as one. They arise, exist for a while, age and then die.

| September | | | | | | 23/2566 |
|-----------|----|----|----|----|----|---------|
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| 25 | 26 | 27 | 28 | 29 | 30 | |



There's no need to complicate matters.

Learn to live together in harmony and help each other out.

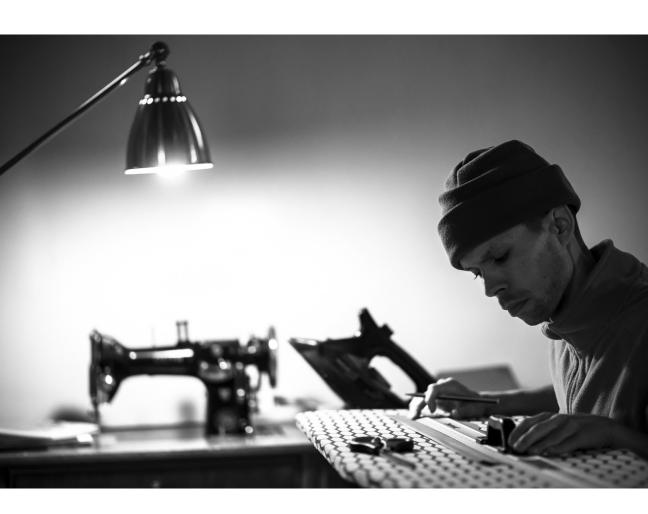
Know what is right and what is wrong.

| Octobe | r | | | | 20 | 23/2566 |
|--------|----|----|----|----|----|---------|
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| 23 | 24 | 25 | 26 | 27 | 28 | 29* * 🔾 |
| 30 | 31 | | | | | |

^{*}Oct 29: Last Day of Vassa

Oct 14 • 15 days Vassāna 5/8 Oct 29 15 days Vassāna 6/8

Oct 29: Pavāraņā



If we encounter pleasure we feel happy. If we encounter pain we feel unhappy. Can we view like and dislike as having equal value? Measure yourself against this standard.

| Novem | ber | | 20 | 23/2566 | | |
|-------|-----|----|----|---------|----|----|
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The priority is to set the wheels of practice in motion, creating causes for future liberation. If you've done the work, there's no need to worry about results.

| Decem | ber | | | | 20 | 23/2566 | |
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| 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | |

2023 / 2566

| January | | | | | | | | February | | | | | | | March | | | | | | | |
|-----------------|---------|------------|----|------------|----|------------|--------|-----------------------|----------------|------------|----|----|------------|----------------|-------|-----------|----------|---------|------------|----|--|--|
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| April | | | | | | | May | | | | | | | | June | | | | | | | |
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| | July | | | | | | | August | | | | | | | | September | | | | | | |
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| | October | | | | | | | November | | | | | | | | December | | | | | | |
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¹ Jan 16: Ajahn Chah Memorial Day

² Mar 6: Māgha Pūjā

³ Apr 13: South Asian New Year

⁴ Jun 3: Vesākha Pūjā

⁵ Jun 17: Ajahn Chah's Birthday

⁶ Aug 1: Āsāļhā Pūjā

⁷ Aug 2: First Day of Vassa ⁸ Oct 29: Last Day of Vassa

⁹ Oct 29: Pavāraņā

January Abhayagiri Monastery, California, USA



February Aruna Ratanagiri Monastery, Northumberland, UK

March Luang Por Pasanno, Abhayagiri Monastery, California, USA





April Near Sumedharama Monastery, Portugal

May Amaravati Monastery, Hertfordshire, UK





June Amaravati Monastery, Hertfordshire, UK

July Ajahn Jayanto, Temple Monastery, New Hampshire, USA





August Wat Pah Nanachat, NE Thailand

September Monks from Abhayagiri Monastery, California, USA





October Aruna Ratanagiri Monastery, Northumberland, UK

November
Sumedharama Monastery,
Portugal





December Luang Por Chah Chedi, Wat Nong Pah Pong, NE Thailand

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